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The final three days of the July evaluation period prove to be a busy stretch in Northern California starting with the opening of the EBX Summer in the City tournament at Haas Pavillion. With highly ranked local prospects from the 2012, 2013 and 2014 classes on display as well as Team Concept out of Oregon, see who stood out from Friday's action.

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Jehiah Cook 5-foot-5 PG Sacramento (NorCal Elite Black) 2012: The recent UNLV commit continued her breakout summer with a 12 point, four rebound, three assist outing against Lady Rampage. Cook brings instant energy to the floor and thusly can impact the game without a need to score. Her offensive game continues to get better though and should help lead a dynamic guard attack at Sac High this coming season.

Emily Easom 5-foot-10 SG Marin Catholic (EBX Black I) 2012: If she isn't at the top for her class, she is certainly in the discussion for top shooter out of the 2012 group in makings a trio of threes en route to scoring 18 points. Easom is good at finding space on the floor she is comfortable to shoot from and being in position to do so as soon as the ball reaches her. She also showed an improved game off the dribble, which is vital in keep defenses honest against her. She can become more involved on the defensive end and rebounding, but Easom has had a solid July overall.



Sac High's Jehiah Cook can impact the game without a need to score

Caroline Hughes 6-foot-2 F Dougherty Valley (EBX Black I) 2012: Hughes is a multi-tool prospect who put together a nice all-around game in the 72-46 win over NP Force. She had 16 points with a handful of rebounds and assists. Her offensive game consisted of flowing to the basket or catching the ball on the move in the post, where she has a crafty game. Hughes brings some defensive versatility with her length and activity in the passing lanes as well. If she can continue to develop her handles, she fits the point forward mold at the mid major level.

Annelise Ito 6-foot-0 F Campolindo (Bay Area Lady Warriors) 2012: While nothing stands out about her game as exceptional, Ito does just about everything above average or better to create a solid prospect for a No. 20 ranking in the NCP Top 40. Playing against a bigger Team Concept Heat squad, Ito had 10 points and six rebounds while competing well inside. She is a tough defender who can slash from the wing on offense. Her outside game needs improvement, but she could potentially slide into the lower parts of Division I due to her versatility.

Courtney Lisowski 6-foot-0 F Mitty (San Jose Cagers Blue) 2012: Rated No. 26 in the NCP Top 40, Lisowski showed her range especially from the top of the key in a loss against Lady Rampage. She finished with 18 points, including four made three-pointers and is most effective in catching the ball off penetration. She needs to improve her handles some to expand what she can do offensively and round out herself as a prospect.

Rachel Howard 5-foot-10 SF Berkeley (CA Ballaz I) 2013: Howard seems to always be around the ball, which is a good thing to see out of a younger prospect. She is a hard worker in the rebounding game on both ends and is showing more confidence in her offense with more experience. She had eight points and six rebounds in a loss to West Coast Premier Valley in playing a complementary role. Good prospect to follow going forward.

Mercedes Russell 6-foot-4 Post Springfield-Oregon (Team Concept Heat) 2013: Considered a top five talent in the country for her class, Russell didn't disappoint in scoring 26 points and grabbing 15 rebounds in the win over the Bay Area Lady Warriors. She has excellent touch inside in using the backboard well and can catch the ball from the post or on the move. Also a shot blocking threat, Russell is worth the ticket to come watch this weekend.

Alejandra Cephas 6-foot-1 F Deer Valley (Orinda Magic Black) 2014: Already a defensive presence inside with his length and discipline in shot blocking, Cephas showed improvement in her offensive game heading into her sophomore year. She is agile inside and runs the floor well to be a weapon in the transition game. She also has good hands and had a nice stop and pop short jumper as well as a solid post move in the second half against Sacramento Sting.

Kelli Hayes 6-foot-0 F Mitty (San Jose Cagers) 2014: After a bit of a slow start, Hayes finished strong as

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the Cagers nearly completed a comeback before dropping their tournament opener. She finished with 20 points and made a living at the free throw line in going 12-for-13. Her shooting touch in this aspect is a good sign for potential growth in her outside game in the coming years. At this point, she is at her best driving to the basket and using her athleticism to overwhelm the defense.

[Charise Holloway](#) 5-foot-9 G St. Mary's-Stockton (Bay Area Lady Warriors) 2014: The newest member of the St. Mary's program turned in another solid outing this summer against Team Concept Heat. She had 14 points and nine rebounds from the backcourt in displaying the physical nature of her game from the backcourt. She is a very good positional rebounder and can absorb contact well in creating space. She was a big reason for the Lady Warriors making a late run at Team Concept in the best game of the day.

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